



# Woolwich **Girls** Minor Hockey Association

## COVID-19 Safety Plan

September 1, 2021

How we ensure all participants know how to keep themselves safe from exposure to COVID-19	<p><b>Website:</b> Procedures and COVID education resources will be made available on our website (<a href="http://www.woolwichwild.com">www.woolwichwild.com</a>).</p> <p>We will ensure our procedures are up-to-date by updating our website to reflect changes communicated by the OWHA, Province of Ontario and Region of Waterloo Health Unit .</p> <p><b>Communication plan:</b> WGMHA will post updates on the website and direct email lists used to communicate with the team staff, players, and their families.</p>
How we are screening for COVID-19	<p>All individuals (players, team staff, parents/guardians) must self-screen immediately before each on ice or off ice training using:</p> <ul style="list-style-type: none"><li>• the online Woolwich Wild COVID Screening Questionnaire available on the Woolwich Wild website (<a href="#">COVID Screening</a>); OR</li><li>• once available, the SportsHeadz Digital Health Check app.</li></ul> <p>The questions asked by these two methods are based on the Province of Ontario COVID-19 Screening Tool for Businesses and Organizations for the purposes of screening patrons. The questions will be updated if/when the Province makes changes to this Screening Tool.</p> <p>Screening information will be stored for at least 30 days in case required by the Public Health Unit for contact tracing.</p>
How we are controlling the risk of transmission at hockey activities	<p>All participants/spectators will:</p> <ul style="list-style-type: none"><li>• Meet the coach outside the facility's designated entrance 20 minutes prior to the session.</li><li>• Confirm to the coach they have successfully completed the COVID Screening Questionnaire. Anyone who answers 'yes' to any of the screening questions must stay home and contact their health care provider if required and the public health authority if COVID-19 is suspected. (The coach/manager will have mobile access to verify who has completed the questionnaire online.)</li><li>• Use the provided hand sanitizer as they enter the facility.</li><li>• Be provided access into arena and assigned dressing rooms 15 minutes prior to their scheduled ice time.</li></ul>

	<ul style="list-style-type: none"> <li>• As per the Region of Waterloo Mask Bylaw, every person inside the facility must wear a face covering.</li> <li>• For players, coaches and team staff, face coverings will be required in all areas of the facility up until you put your helmet on immediately before you are to enter the ice surface. Face coverings must immediately be put back on at the conclusion of your ice time.</li> <li>• Coaches and team staff must also wear face coverings in the dressing room and on the bench.</li> <li>• Participants are asked to go directly to their assigned dressing rooms.</li> <li>• Spectators will go directly to the Arena viewing area.</li> <li>• Please keep 2 meters physical distancing from all people other than those from your household.</li> <li>• There will be no warm-ups or dryland training allowed in the facility.</li> <li>• Participants must vacate the dressing room and arena within 15 mins of the end of their ice time. This timeline will be strictly enforced.</li> <li>• Showers are not allowed.</li> <li>• Lobby washrooms will be available for participants/spectators.</li> <li>• Facility staff will ensure that adequate cleaning and sanitizing is done on a regular basis.</li> <li>• <b>Avoid sharing:</b> All players must have their own water bottle to prevent the transmission of bacteria and viruses. Water bottles should be labelled and should be washed after each practice or game. Participants should not share any other personal items. Shared goalie equipment must be sanitized before being passed on to the next goalie.</li> <li>• Players and team staff are encouraged to practice hand washing and good personal hygiene. Trainers will be provided with hand sanitizer, gloves and extra masks to be available as needed during team activities.</li> </ul>
What we will do if there is a potential case, or suspected exposure to, COVID-19?	<p><b>In all of the following situations, the player/parent/team staff must inform the team trainer. The team trainer must then inform the COVID Response Team by emailing <a href="mailto:c19responseteam@woolwichwild.com">c19responseteam@woolwichwild.com</a>.</b></p> <p><b>1: What if a player, parent or family member tests positive for COVID-19?</b></p> <p>If a player, parent or family member tests positive for COVID-19, the player and their family will need to stay out of the hockey environment. They should contact their health care provider and public health authority for instructions. Anyone identified as a close contact should stay out of the hockey environment until all public health authority steps have been completed. Anyone who tests positive for COVID-19 must stay out of the hockey environment until all steps outlined by their health care provider and public health authority are completed and they are symptom free for 24 hours.</p>

	<p><b>2: What if a team staff member or one of their family tests positive for COVID-19?</b></p> <p>If a team staff member or one of their family tests positive for COVID–19, the team staff member and their family will need to stay out of the hockey environment. They should contact their physician and public health authority for instructions. Anyone identified as a close contact should stay out of the hockey environment until all public health authority steps have been completed. Anyone who tests positive for COVID-19 must stay out of the hockey environment until all steps outlined by their health care provider and public health authority are completed and they are symptom free for 24 hours.</p> <p><b>3: If someone on the team tests positive for COVID-19, will the team be allowed to continue to play hockey?</b></p> <p>If someone on the team tests positive, public health authority guidelines will determine contact tracing and isolation requirements. It is possible, therefore, that one diagnosis on a team could lead to that team being required to pause hockey activities until the public health authority determines it is safe to return.</p> <p><b>4: What if a player is sick but does not have COVID-19?</b></p> <p>The player should follow up with their health care provider if required and the public health authority if COVID-19 is suspected. They should not return to the hockey environment until all steps outlined by their health care provider and public health authority are completed and they are symptom free for 24 hours.</p> <p><b>5: What if a player is exhibiting signs of COVID-19 but has not been tested?</b></p> <p>The player should remain out of the hockey environment and contact their health care provider and public health authority for required steps to be taken. They should not return to the hockey environment until all steps outlined by their health care provider and public health authority are completed and they are symptom free for 24 hours.</p>
How we are making sure our plan is working.	<p>Discuss COVID Safety Plan at monthly Executive meetings and make updates as needed.</p> <p>Survey team staff, parents and players periodically for feedback and make adjustments if feasible and still able to meet the requirements of the PHU, OSHA and the Province of Ontario.</p>